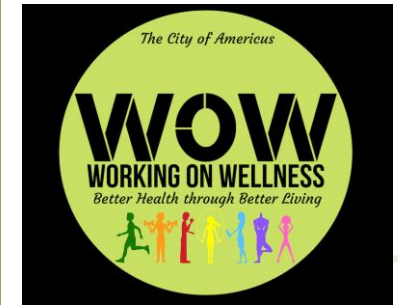


# NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4 Follow Up Coaching Police	5	6 Follow Up Coaching Police Wellness Team Meeting 10 am	7 Results Coaching Fire- A Shift Health Fair (8- 10:30 am)	8	9	10
11	12	13	14 Results Coaching Fire- B Shift	15 Results Coaching Public Works	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	
	Lung Cancer Awareness					



Health Fair-  
November 7th

Gratitude  
Challenge-  
November 18<sup>th</sup>-  
December 2<sup>nd</sup>