## 2020 PROGRAM CALENDAR



JA		DV
	$\mathbf{D}$	KY

Biggest Winner Challenge Slogan Contest

January 6th-31st January 6th-29th

**FEBRUARY** 

Gymathon- Gym Membership Challenge Amercian Heart, Wear Red Day Kick-Off Event

February 7th
February 12th

**MARCH** 

Walk Americus Challenge/F Is For Fitness

TBD

**APRIL** 

City To City Step Challenge

**April 5th-May 2nd** 

JUNE

Water Challenge Kick Ball Event

TBD May 15th

Walk With A Buddy Yoga Class Tasty Tuesday Event

TBD TBD June 9th

JULY

No Sweets, No Fried Foods Challenge

TBD

**AUGUST** 

Biggest Winner Challenge
Dance/Hip Hop Class

TBD TBD

**SEPTEMBER** 

**Onsite Biometric Screenings** 

September 22-24th

**OCTOBER** 

Walktober Steps Challenge

TBD

**NOVEMBER** 

**Health Fair** 

**November 5th** 

**DECEMBER** 

Maintain, Don't Gain Challenge

**TBD**